

GECAC UNION CITY SENIOR CENTER

27 Johnson Street, Union City PA, 16438—(814) 438-2146

Open Mon. through Thurs. 9 a.m. to 3p.m.

Laura Spaid, Senior Center Director

Michele Rohrer, Assistant Director

OCTOBER 2026 Newsletter

REAP PROGRAM



The REAP program helps us track how many times you visit the Senior Center.

REAP stands for Rewards Earned for Active Participation. This program was designed to encourage attendance throughout the year.

When you participate in classes offered, eat lunch, play cards, volunteer, or just come and visit friends you will indeed be supporting YOUR Senior Center.

By attending regularly you will also reap personal benefits. It is a proven fact that Seniors who are active and stay active live a longer, healthier and happier life.

One of the benefits to reap from this program will be a discounted ticket for the Thanksgiving and Christmas parties.

As we all know, nothing is really free and prices continue to rise on everything. The costs of the two parties mentioned above will be increasing and this is one way for you to get a lower cost ticket.

Start earning your rewards! Make sure you are a registered member, **this is required**, and make sure you participate at least fifteen times by the end of October. That is all there is to it.

The Co-pilot computer makes tracking you easy so be sure you are signing in when you arrive.

HAPPY BIRTHDAY



2nd Ernie Hanes
4th Sue Bell
5th Bob Stowe
6th Irene Smith
7th Denny Hunter
8th Mimi Brumagin
9th George Groner
11th Howard Buell
12th Jean Grzejka
14th Sue Soliwoda
18th Irene Weaver
21st Bobbi Bish
22nd Linda Shields
24th Vera Wolf
25th Kelli Meerhoff
27th Michele Rohrer

HAPPY ANNIVERSARY

6th Barb & Robert Klakamp
12th Bob & Monica Stowe

If we have missed your birthday or anniversary please let us know so we can add you to our list!

How To Preserve Bright Colorful Leaves

Find some brightly colored, freshly fallen leaves. Using a foam brush apply decoupage to the front of each leaf and let dry until it is clear. Coat the back of each leaf with more decoupage and allow time to dry. The leaves are now ready to use for decorating!



How Do Your Donations and Fundraised Dollars Help Our Center?

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$7.00. Meal donations also help to maintain the building and maintain or replace if needed, a stove, a refrigerator, or a freezer. These dollars are vital to maintaining the Center and its daily operations.

Booster Donations and Fundraised Dollars help to pay for parties, entertainment and more. They also help to pay for programming opportunities like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many, and your support goes a long way towards helping your Center continue to offer programming and services. Would you like to make other donations? Ask us how you can help.

WE APPRECIATE YOUR DONATIONS!

UPCOMING PARTIES

Harvest Fest—Let's welcome in fall! We have some very sweet treats for you on this special day, so make sure you are signed up to come! Regular programming will take place, there is no extra cost for the day. Please have your reservation in by Wednesday, October 7th.

Thanksgiving Party—We will be celebrating Thanksgiving on Tuesday, November 10th, with entertainment by DJ Mark Morris. Cost is \$5.00 and goes up to \$7.00 after the deadline. Reservations are due Thursday, October 29th, and need to be done in the office.

Christmas Party—We will be celebrating Christmas on Wednesday, December 9th, Entertainment by Bill Beggs Band. Cost is \$5.00 and goes up to \$7.00 after the deadline. Reservations are due December 1st, and need to be done in the office.

****Please note– these parties are for members only.**



The GECAC Union City Senior Center,
Operated by Greater Erie Community Action
Committee (GECAC), Area Agency On Aging,
is funded in part by the PA Department of Aging.





OCTOBER 2026

Menu & Activities



Monday	Tuesday	Wednesday	Thursday
MENU IS SUBJECT TO CHANGE THANK YOU FOR UNDERSTANDING		<u>Thanksgiving Party</u> — Reservations are due no later than, Thursday, October 29th. Cost is \$7.00 after the deadline.	1 TURKEY 9:00 Line Dance 10:00 Tai Chi
5 CHICKEN CORDON BLEU 9:00 Fitness 9:00 Putt Putt Golf 10:00 Crochet 11:30 Bonanza Bingo 12:30 Bingo	6 SALISBURY STEAK 9:00 Line Dance 10:00 Tai Chi 10:00 Bible Study 11:00 AEA Exercise 12:30 Crafts	7 CHICKEN & BISCUIT 9:00 Fitness 9:30 Poker 12:30 Bingo	8 SHEPHERDS PIE 9:00 Line Dance 10:00 Tai Chi
12 OX ROAST 9:00 Fitness 10:00 Crochet 11:30 Bonanza Bingo 12:30 Bingo	13 STUFFED PEPPER SOUP TOASTED CHEESE 9:00 Line Dance 10:00 Tai Chi 10:00 Bible Study 11:00 AEA Exercise 12:30 Crafts	14 WHITE CHICKEN CHILI 9:00 Fitness 9:30 Poker 12:30 Bingo HARVEST FEST	15 SAUSAGE SUB 9:00 Line Dance 10:00 Tai Chi
19 CHICKEN FETTUCCINI CASSEROLE 9:00 Fitness 10:00 Crochet 11:30 Bonanza Bingo 12:30 Bingo	20 MEATBALL SUB 9:00 Line Dance 10:00 Tai Chi 10:00 Bible Study 11:00 AEA Exercise 12:30 Crafts	21 PORK ROAST 9:00 Fitness 9:30 Poker 12:30 Bingo	22 CHICKEN 9:00 Line Dance 10:00 Tai Chi 11:00 Family Feud
26 HAMBURGER 9:00 Fitness 10:00 Crochet 11:30 Bonanza Bingo 12:30 Bingo	27 TACO SALAD 9:00 Line Dance 10:00 Tai Chi 10:00 Bible Study 11:00 AEA Exercise 12:30 Crafts	28 SPAGHETTI 9:00 Fitness 9:30 Poker 12:30 Bingo	29 HOT DOG & MACARONI & CHEESE 9:00 Line Dance 10:00 Tai Chi

Annual Open Enrollment Period

The Medicare Annual Open Enrollment Period (AOEP) runs October 15th through December 7th each year. Medicare recipients use this period to review their current plans and decide if they want to make changes to become effective January 1st of the following year. What Medicare recipients should know:

- **Your current plan may no longer be your best fit.** Medicare Advantage and Part D plans may change their costs including premiums, deductibles, copays, formularies, provider networks, pharmacies, extras, and more. Read your Annual Notice of Change (ANOC) mailed by plans by September 30th and your Evidence of Coverage (EOC) which is mailed by October 15th. Know what may have changed in your plan and be prepared to make changes if needed.
- **Some Advantage plans may be eliminated going into the new year, while others may change significantly.** If your plan is being eliminated, you may have new Guaranteed Issue rights to look at a Medigap. Be prepared to consider all plan options.
- **You can change how you receive your Medicare coverage.** During the AOEP, you can switch from Original Medicare and Medicare Advantage, change Medicare Advantage plans or Part D plans, subject to applicable rules. Plan changes are expected to be available by October 1st. The Medicare.gov Plan Finder and comparison tools will generally have the 2027 offerings by this date.
- **Be prepared to compare other plans.** When considering if you will want to make any changes, have handy your ANOC, EOC, current list of medications, a list of preferred doctors, specialists, hospitals, and pharmacies. It can be beneficial to know what your 2026 costs were for services and prescriptions. While not possible to predict, consider what you believe your 2027 healthcare needs may be.



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania
Department of Aging



SHIP
Navigating Medicare

This publication is funded by a grant award totaling \$1.8 million (100%) from the U.S. Department of Health and Human Services.

PA MEDI Counselors can help you learn about Medicare, Preventive Services, understand and enroll in your plan of choice, guide you Medicare appeal decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs. For help in understanding your options, contact your local GECAC Erie Area Agency on Aging PA MEDI office for more information at 814-459-4581 Ext. 400.